

SPRING 2018 Newsletter

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OPENING HOURS

DAY	OPEN	CLOSED
Monday	9.00am	8.00pm
Tuesday	9.00am	5.00pm
Wednesday	9.00am	5.00pm
Thursday	9.00am	6.00pm
Friday	9.00am	3.20pm
Saturday	9.00am	1.00pm
Sunday	Closed	

*Closed for Lunch Mon/Thurs - 1.30pm - 2.30pm
Saturdays & Evenings by Appointment*

Fast and Affordable Teeth Straightening with NEW Cfast Technology!



Cfast was first developed by Dr Biju Krishnan in 2009. It is a simple, gentle, minimally invasive cosmetic treatment that straightens the top and bottom front six teeth.

Cfast uses clear brackets and tooth-colored nickel-titanium wires. The nickel-titanium wires put gentle pressure on the brackets to level and align the teeth with minimal discomfort.

Cfast takes less time than conventional orthodontics because it focuses only on the front six teeth that most influence the smile. Conventional orthodontics moves all the teeth in your mouth including the ones at the back which adds significantly to the time – usually around 18-24 months.

Since most adults are not concerned about the position of their back teeth and want to avoid lengthy treatments, Cfast provides an ideal solution.

Cfast is aimed only at adults and is carried out purely for cosmetic reasons.

With clear brackets and tooth-colored wires, Cfast is barely noticeable – and worn for only a fraction of the time compared to traditional braces. Cfast is:

- **Fast** - You will have straight front teeth in about six months.
- **Discreet** - the wires and brackets are almost invisible.
- **Affordable** - the short treatment time dramatically cuts the cost.

Talk to your dentist today for more information about Cfast.

COME DOWN TO THE PRACTICE IN ST NEOTS ON SATURDAY 19TH MAY FOR A FREE TEETH-STRAIGHTENING ASSESSMENT AND COMPARE ALL THE TREATMENT OPTIONS AVAILABLE.

We Can Make You Smile

FREE TEETH STRAIGHTENING ASSESSMENT WORTH £45

INTEREST-FREE CREDIT AVAILABLE. T&C'S APPLY



Having Regular Hygienist Appointments Can Prevent Illness

Regular hygienist appointments help maintain good oral health and could lower the risk of tooth loss, heart attacks, Type II Diabetes and obesity, according to new research.

Patients who suffer with gum disease have considerably poorer general health than those who manage their oral health effectively.

Gum disease is a bacterial infection that can affect the rest of your body as well. One of the main symptoms of gum disease is bleeding gums.

Bacteria from inside your mouth then enter your bloodstream and can affect the rest of the body such as the heart.

The bacteria attach to the fatty deposits in the heart blood vessels. This condition can cause blood clots and may lead to heart attacks.

If caught early, gum disease can be reversible. More progressive forms of gum disease, although cannot be reversed can be managed through good oral hygiene and regular cleaning.

Anonymous Patient Testimonial



One of our younger patients recently had Enamel Microabrasion treatment to remove staining from her front teeth.

When she first saw her mum after the treatment she was delighted with the results.

Young Patient: "Mum look at my teeth, I'm not afraid to smile now!"

Mum: "I am very pleased and she has a lovely white smile now with no stains to go along with her lovely straight teeth"

A Healthy Smile is a Beautiful Smile

Budget for a fresh and healthy smile with our new **Denplan Hygiene Plan**



- ✓ No Joining Fee
- ✓ Regular Oral Cancer Screening
- ✓ Regular, convenient hygiene treatments
- ✓ Hygiene advise tailored to your needs



Are you an NHS patient? If you pay for private hygiene visits ask a member of our team about our new monthly budgeting plan

FOR MORE INFO. CALL ONE OF OUR LOCAL PRACTICES OR VISIT WWW.SPIREDENTAL.CO.UK

UNABLE TO ATTEND YOUR APPOINTMENT? PLEASE LET US KNOW.

Unfortunately some patients are failing to attend their appointments resulting in an average loss of up to 8 hours a week in failed appointments!

In the future we will require 24 hours advance notice of cancellation so that we can offer your appointment time to another patient.

Short-notice (within 24 hours) cancelled appointments will now incur a fee.

CEREC
One-visit dentistry



BEAUTIFUL CROWNS WITH CEREC ONE-VISIT DENTISTRY

- one visit
- no impressions
- no temporaries
- metal free
- highly aesthetic
- long lasting

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